www.uccommunity.org.au

# Aspire

Aspire is a community based youth service that works alongside young people aged 12 – 18 years to support their hopes and ambitions.

### Aspire provides support to young people who are at risk of:

- Disconnection with family, community or support networks
- Disengagement with school, training and/or employment
- Harm, including self-harm
- Drug and alcohol misuse
- Involvement with the Youth Justice system
- Homelessness.

### Aspire aims to provide support to young people by:

- Encouraging and supporting positive connections with family, friends and community
- Encouraging and supporting valued social roles in the community
- Enhancing wellbeing through positive development pathways
- Engaging with community and support networks.

### Aspire provides:

- Individual support
- Youth development activities tailored to needs, interests, skills, age and abilities
- Lifestyle education
- Community participation
- Advocacy and support
- School holiday activities.

**"We provide young people with a way of connecting to their community."**

### Referral Pathways

Young people can be referred to Aspire by self-referral, service providers, family members, friends, school, police and Government agencies. All referrals are assessed on an individual basis and completed in collaboration with the young person, their family, service providers and significant others.

### How Aspire works

**1. Access**

Access and referral are accepted and received from self, family, schools or non government and government organisations to link young people to support. Assessment and referral processes link young person and family to relevant networks for information, referral and support. Young people can also access Aspire through participation at events or via community networks.

**2. Support**

Aspire offers individual support to young people aged 12 – 18 years. The young person partners with a youth worker to set achievable goals and work towards them. Support is delivered in the community and is tailored to the young person's interests and needs. Support times are negotiated between the young person and youth worker and transport is provided for all sessions.

**3. Integrated Response**

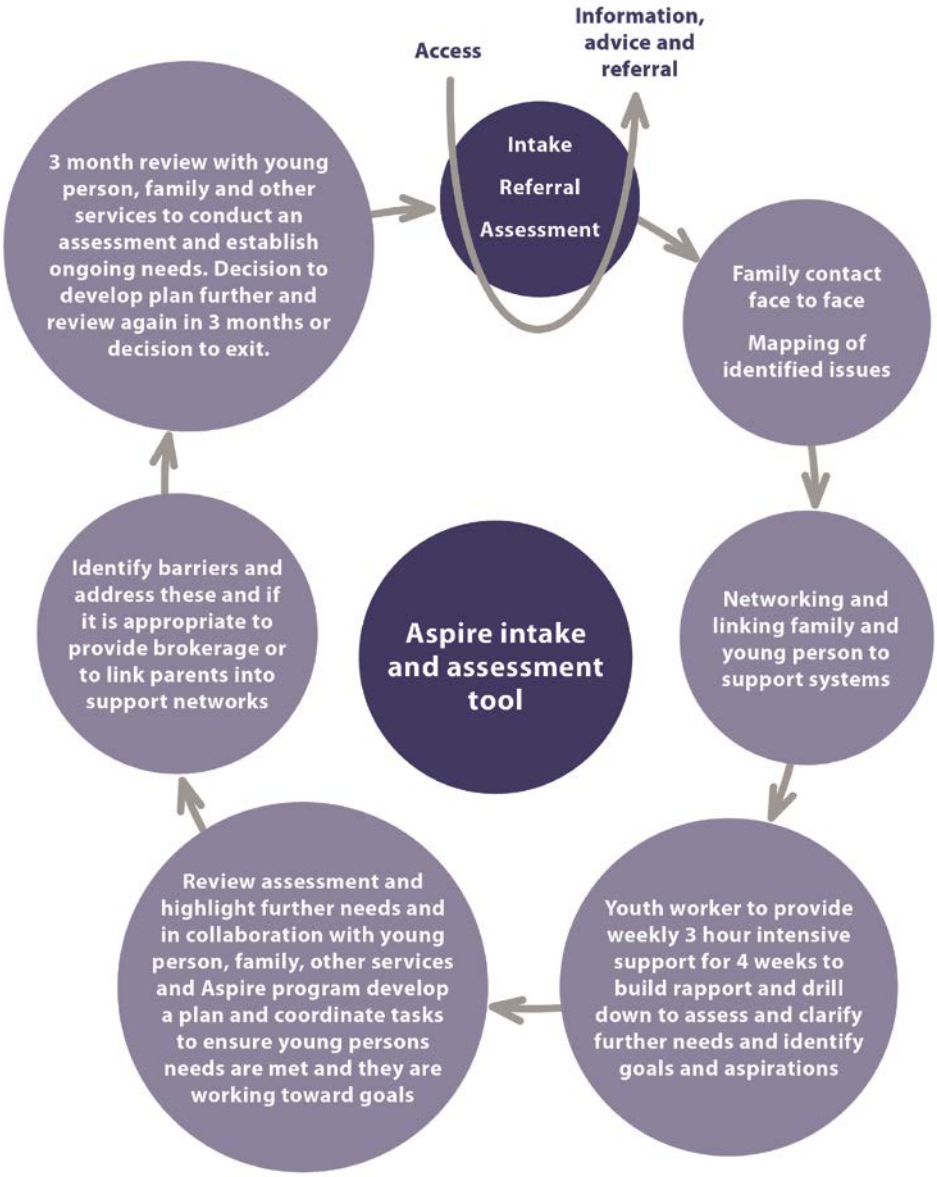
Aspire is client-centred and provides support to young people. The focus will be on connecting young people and their families to support networks and agencies to provide information and resources to ensure their needs are met. The focus includes participation from families and young people to discuss and resolve complex situations.

### Community Based Initiatives:

Aspire also offers community based initiatives that require no referral. All activities provided by Aspire are free.

**Recreational Activities**

As a way of reaching young people in Townsville, Aspire offers recreational activities during school holidays and community events. Young people can access respite and assess their needs, hopes and ambitions with a youth worker.

**CONTACT US**

# Aspire intake and assessment